

## **A group work on the light in the soul of humanity.**

***Each stage of this work should be practised for three months before moving on to the next stage. The basis remains working at least once a week in physical encounters at stage 1.***

### Target 12

In these times of endangered planetary life, we affirm the fiery light of the spirit that permeates all forms.

Even if the destruction of the outer form of this planet appears possible, the light of the spirit in the soul of every human being and in almost all forms of existence remains indestructible.

The state of the spiritual light and whether the soul is aware of its presence remains an individual question.

As a reader of these texts, which are connected to the eternal stream of spiritual teachings, you have the opportunity to address and stimulate the light in the souls of the people you encounter.

The light referred to here is not the light that the soul itself produces through feelings and everyday thoughts, i.e. the light that emanates from the soul.

It is the spiritual light that can flow into the soul with high vibrations to transform it.

### **Stage 1**

Meet the people who cross your path with the following mantric phrase spoken **internally**:

***'I greet the light in your soul.'***

In doing so, you are doing them and humanity a significant service.

Please note:

- Do not change the mantra sequence, as it is a highly symbolic expression.
- Speak internally, not audibly, without turning towards the recipient.

This unusual practice has several possible variations. We will provide more information on this in the following texts.

The inner exercise is an act of spiritual will. The mantra itself is the substance of pure human love.

### Target 13

An effective example of an application of the mantra given in Target 12 is, observing the required principles, to walk through crowds of people who are in motion, for example, towards or away from large events. It is a good choice to walk with the flow rather than against it, but at a significantly slower pace and, depending on the situation, at the edge of the flow.

Conscious walking and simultaneous inner recitation of the mantra are of profound importance here. Anyone who stops reciting should pause.

It may seem surprising that we assume that this particular practice should only be used for a few minutes or moments. Each person must feel to what point of inner tension they can apply it. We therefore advise starting cautiously and carefully observing the effect on your own mental and spiritual self.

Those seeking a connection or key to this occult practice may wish to consider this image by Nicolas Roerich:

From: 'Cryptograms of the Orient' by Josefine Saint-Hilaire (pseudonym of H. Roerich), chapter 'The Signs of Christ'

*"The star of Allahabad showed the way. And so we visited Sarnath and Gaya. Everywhere we found the desecration of religion. On the way back, at full moon, Christ uttered his memorable words. During the night march, the guide lost his way. After some searching, I found Christ sitting on a sand hill, gazing at the sand illuminated by the moon. I said to Him, 'We have lost our way; we must wait for the signs of the stars.' 'Rossul M., what does a path mean to us when the whole world awaits us?' He took His bamboo stick, drew a square around the imprint of His foot and said, 'Truly, I say: with human feet.' Then He pressed His palms into the sand, drew a square as well and said, 'Truly, I say: with human hands.' Between the two squares He drew a kind of pillar and connected the two squares with an arch. He said, 'Oh, how Aum will penetrate human consciousness! Here I drew a pistil and above it an arch, thus laying the foundation in four directions. When the temple is built by human hands and human feet, in which the pistil I laid down will blossom, then let the builders follow My way. Why do We wait for a way when it lies before Us?' He stood up and erased the drawing with the bamboo stick. When the name of the temple is spoken, the inscription will appear. Remembering My constellation, a square and nine stars will shine above the temple. The sign of the foot and the hand will be inscribed above the cornerstones. So He Himself spoke on the eve of the full moon, and the heat in the desert was great.'*

This quote can be found in the book 'AGNI YOGA'.

This draws a line spanning 2,000 human years. May the 'wanderer', as Mahatma Morya calls Christ in the books of Agni Yoga, be followed by other wanderers 2,000 years later. In their 'wanderings' described at the beginning of this text, the symbol of the foot has been fulfilled.

Mahatma M. expresses it as follows:

*"Our brotherhood can be cited as an example. Without understanding earthly conditions, it could not exist. Those who reject earthly conditions rob themselves of mercy and compassion. But without these qualities, spiritual progress is impossible. The teaching of a renewed world cannot live amid hard-heartedness. The spiritual sciences cannot develop where the heart is silent.'*

(From 'Supermundane 2' in the AGNI YOGA series)

Target 14

To 'incarnate' the mantra in practice, imagine the 12-petalled heart lotus (the heart chakra) before your inner eye.

In the centre of the lotus, a super-bright light shines, in which a luminous, subtle figure appears in the background. Do not create any physical physiognomy or other real forms.

Form this image for a few seconds before consciously applying the mantra.

Who is working in this light? Depending on your individual connection, it may be one of the masters of the spiritual hierarchy of both subtle centres of the planet, or even the master of masters, Maitreya = Christ, who can manifest himself directly for this extraordinary activity. Depending on your current spiritual status, an appropriate connection to the brotherhood will be established.

Use this image to apply the mantra. A reaction will occur automatically for your individual development.

The imagination is only valid for this concentrated mantric activity. We currently see no other applications in connection with our undertaking and expressly warn against other experiments. The emphasis is on mantric service to humanity.

If you are seeking quick salvation or liberation from this world through the application, do not use this practice!

If you want to use this practice to resolve personal conflicts or health issues, do not use it!

If you are seeking direct (personal) contact with the spiritual hierarchy through this practice, do not use it!

A quote about this practice from the book 'Heart' in the Agni Yoga series:

'Heart suggestion as a natural channel of communication harms neither the sender nor the receiver. The Western way is constantly visible from the outside, but the Eastern way has nothing external; on the contrary, the sender does not look at the receiver, because he has an image of the target in his heart. There are many undisputed advantages to heart work, but above all it requires an awareness of the importance of the heart.'

Target 15

## **Stage 2**

An extension of the service to humanity is the possibility of sending the mantra to a selected group of people.

The choice of the group and its size is up to you.

The family, a group of people engaged in a common activity, a place, a community, a city, a region, a country or state, a continent and the entire planet, or humanity as a whole, are all possible.

The choice should be made on the basis of the respective life situation, taking age into account.

Since we recommend that you only take up this activity and commit yourself to it if you have acquired a basic knowledge of theosophy, there should be no misunderstandings in its application.

Practiced once to three times a day, the mantra will unfold its effect.

You conclude this action with a triple bell toll heard inwardly.

The imaginary tolling of a church bell can serve as an example, or simply a triple strike in a freely chosen pitch. If you choose a variable pitch, begin with the highest note and end with the lowest.

This extended activity does not replace the wandering activity in a human stream of outer life already described.

You now have two approaches to action in service. Both are equally valuable and both are urgently needed.

The freedom of the human individual is not affected by this service, but the core of their higher self is addressed from the subtle heart of the sender.

Would you like more information about your own self-redemption instead?

The answer: Just as a house cannot be built in thought in physical life, redemption from the physical plane cannot be achieved without service to humanity.

Target 16

Helena Roerich writes in a letter dated 1 March 1948 in Delhi, India:

"There is a very edifying parable in Buddhist collections that N. Roerich liked to quote in his writings. I no longer have the exact version, but I remember its meaning.

*Once a disciple asked the great Bodhisattva Maitreya, 'Why does the Bodhisattva not reveal himself to people? The mere sight of him should delight all people and convert them to the path of righteousness. The Bodhisattva smiled and said, "You are mistaken; not only will it be of no use, but many will be tempted and turn away from the teaching." But the disciple could not understand, so the Bodhisattva suggested that the disciple take a walk through the bazaar while the Bodhisattva sat on his shoulder. The overjoyed disciple hurried with him to the bazaar. To his astonishment, the people he met either passed by indifferently or turned away and laughed, some even holding their noses as if to ward off the stench, and asked the disciple, 'Why are you carrying such a disgusting, stinking dog on your shoulder?' The astonished disciple turned to the Bodhisattva for an explanation, and the Bodhisattva replied, 'People do not see my true appearance, for they can only perceive what corresponds to their inner nature.' Thus, everyone can only respond to the vibration that is in harmony with them. The laws of the mind are just and precise. No one can receive what they have not earned through pure heart energy and relentless, persistent work. The more I meet people who are seeking spiritual enlightenment, the more I am amazed at the levity with which they approach the most intimate, highest concepts and expect immediate bright manifestations that they do not deserve, without even thinking for a moment whether such manifestations are possible under the given circumstances. Everyone talks about the need for a scientific approach to convincing manifestations, and at the same time they themselves deprive all such experiments of their scientific character because they do not want to observe and study the conditions necessary for them.*

We repeat:

No one can receive what they have not earned through pure heart energy and unceasing, persistent work.

The mantra given in targets 14 and 15 corresponds in its application to this requirement in order to become more receptive.

#### **Milestone 54**

It is obvious that the dark forces are working towards a restoration worldwide.

The methods used by their political lackeys are well known from the past.

A mixture of brazen lies and hostility towards science, underpinned by physical and psychological violence.

In modern times, this is compounded by global media reach, provided by the 'slave traders' of the so-called 'social media'.

The peoples living in pandemic fear, who are struggling with increasing environmental destruction, are receptive to simple solutions.

The widespread lies and messages of hate reach global dimensions in a much shorter time.

Including all true esoteric teachings of the East and West in the concept of theosophy, it can be stated that a counterforce can be built up by the users of the universal teaching establishing a higher mental connection to the reservoir of powerful energies flowing in from Shamballa and the Spiritual Hierarchy. However, this can only succeed in an inwardly conscious group structure, such as we encourage through our texts.

These are the same energies that are used heartlessly, inhumanly and almost animalistically by the dark lackeys. Thus, groups that possess material wealth and political or religious power are opposed by those who study timeless wisdom but are far too often individualistic and concerned only with their own spiritual advancement (and thus have only a very limited effect).

#### **Stage 3**

The blade of the sword of the spirit, which is available to those connected to the light, can only be used when everyone together grasps the hilt of the sword of light and truth. It is futile to attack the darkness directly.

It makes sense to visualise and recite inwardly the greeting to the light in the soul of **all** people with the sword of the spirit pointing upwards. Everyone can develop their own visualisation. The hilt of the sword offers space for an unlimited number of hands.

The answer to current developments must come from the centre of humanity itself; it is a test.

We will discuss a sword with the tip pointing downwards in a later text.

#### **Milestone 56**

The three full moons in connection with the 25th anniversary conference in Shamballa in 2025 are over. The conference took place at the highest level, and the decisions made there for the coming decades will gradually become apparent in various ways. The direction these decisions will take is open. Ultimately, humanity itself will decide through its actions.

The hierarchy's ability to act through the subtle planetary centres (head, heart, ajna) is limited by the law of free will of humanity.

If humanity chooses a path that is persistently backward-looking, it is the right of the highest planetary authority, in coordination with the solar centre, to make decisions for all life.

Should there be an impulse towards a new planet, it will not reach the mental consciousness of the masses. However, the hierarchical groups of the centres mentioned will perceive it.

Meditative interventions by theosophists (including all different groups) can be useful if they are equally effective for both expected possibilities:

- Stimulating the light in the soul to increase the number of human monads who strive for the path of right human relationships and thus prevent a backward development as is currently emerging.
- Stimulating the light in the soul in order to increase the number of souls who will move to a new planet. The selection by the higher authority is made according to the criterion of the intensity of the spiritual light in the soul.

It is advisable not to emphasise either of these two goals in the given meditation, but to leave it at stimulation.

Those who participate in this meditative activity will automatically intensify the light in their souls as 'weavers in the light.' On a subtle energetic level, mental activity in the sender must cause a reaction.

There will be other groups in incarnation who will carry out meaningful activities with a different approach. It is pointless and harmful to draw comparisons or emphasise competition. Anyone who is ready to become spiritually meditative should decide which of the activities offered appeals to them most. However, jumping back and forth or practising different approaches at the same time can have a harmful effect.

For those who have been following this 'channel' and practising selected actions, everything remains the same. We will continue to supplement and clearly structure them.

Since the question arises as to where our impulse is located hierarchically, here is the answer:

It has a 'Shamballa note'. Individuals may be at different levels of consciousness on their path of ascension. However, they will only take up the practice offered here if they are receptive to Shamballa energy. The degree of progress is independent of this.

We will present the practice we offer in stages. Its application is linked to successive steps. The further a practice unfolds, the more important it is that the previous steps have been practised over a defined period of time. Everyone is responsible for observing the rules. We will outline the structure in the near future.

When a stable number of users in the four-digit range emerges from among the readers of our texts, the effect will be manifest and pervasive.

It takes time for the results to manifest in outer life. Depending on the overall planetary situation, achieved and visible effects may emerge unexpectedly.

At the end of this text, we would like to point out once again that any effort to ensure the survival and further development of humanity on the existing small sphere may result in a change of planet with the separation of large groups of souls, as we have explained elsewhere.

We will not give any prognosis for the probability of either of these two variants.

What is certain, however, is that without this initiative, the probability of separation is greater and fewer souls will make the transition than with the determined work of a comprehensively theosophically trained group. The same applies to the preservation of the existing civilisation.

With a quote from the book 'Cosmic Fire' by the Tibetan, we give a further indication of the possible process of one of the two variants.

"The third group of these devas is completely subject to the dominion of the Manus and the great devas who cooperate with this sphere on this planet. Through their activity during certain cycles, the entire surface of the Earth is changed by volcanic disturbances: continents rise or are flooded, volcanoes become active or remain quiet, and thus the world is purified by fire. In their own realm, these Agnichaitans are busily engaged in creating mineral forms with the help of fire. They are the alchemists of the lower regions." Cosmic Fire, p. 640 [English]

In this context, attention may once again be drawn to the phenomenon of *supervolcanoes* (see Wikipedia).